



YOGA CLUB for children in Year 2 – Year 6

We are delighted to be running our Yoga Club starting this summer term. Our Yoga classes are specifically designed to offer lots of life long skills and benefits. Children will learn skills and techniques which aim to deliver a sense of calm, happiness and general wellbeing whilst also developing core strength, coordination, stamina and balance.

Yoga Club will run after school 3:30-4:30pm on **Wednesdays for Year 2 – Year 6**. Each session costs £6.50 and will run until the 17th July (full details can be found on our website). **We accept all childcare vouchers and payments can be made in instalments.**

To sign up please visit www.rattleandrollperformance.com (you will need to register first if you haven't previously). To go straight to the class use code MYPRKD1.

At checkout please add the code: RRPCLASS01 into the discount box. This will reduce the fee by one week for the session that's already taken place on the 5th June.

If you have any questions, please contact us on enquiries@rattleandrollperformance.com or call 07722 014301.

Thank you and best wishes,

Katy Emmerson
Rattle and Roll

You can keep up to date with all our news and events happening near you by following us on Facebook and @rattleandrollperformance on Instagram.