

SUSTRANS BIG WALK AND WHEEL 2024

We are entering the second week of the walk to school challenge with over 500 active journeys logged. 3 Rowan are the leading class with over 80 active journeys logged. As the weather is getting warmer, it would be lovely if more children could walk or use a scooter to travel to school next week. Please look out for the QR codes with messages from different classes around school and in the local area.

Teaching staff have taken part. You might have seen Mr Hillier walking and/or cycling to and from school. Some teaching staff live too far away to travel actively to school so have instead pledged to make a change and travel actively over the weekend.

The image shows a Padlet board with the title "Walk and wheel to school 2024" and the subtitle "Make a change - change 1 car journey to an active one". The board contains several posts from teachers and anonymous users, each with a title, a pledge, and interaction options like hearts and comments.

- Anonymous 3h:** "Changing a Journey! I will walk to the supermarket this week instead of driving and take a walk around a local park at the weekend rather than driving there." Mrs Chalmers. 0 hearts, 0 comments.
- lhutchins9 3h:** "Making a change" (with photo of a car). "I will catch the bus then walk home this week rather than using my car." Mrs Hutchins. 1 heart, 0 comments.
- Anonymous 6h:** "Walk instead of drive" "I will walk to collect my daughter from her nursery instead of drive." Mrs Hayes. 1 heart, 0 comments.
- Anonymous 6h:** "Walking instead of driving." "I will walk to take my daughter to school this week rather than driving my car." Miss Thomas. 1 heart, 0 comments.
- Anonymous 2d:** "Walk to the restaurant" "I pledge to walk to the restaurant on Tuesday evening (about a 45minute walk) instead of driving." Mrs Stafford. 1 heart, 0 comments.
- Anonymous 1d:** "Making a change" "I will walk to my local Co-op on Saturday, rather than drive." Miss Brooks. 1 heart, 0 comments.
- Anonymous 1d:** "Walking rather than driving!" "I will walk to and from school for drop off and pick up on a Thursday and Friday rather than using my car." Mrs Garrett. 1 heart, 0 comments.
- Anonymous 2d:** "Get the steps in..." "I pledge to use the Tram which is 8mins from my house and goes all the way into Beeston. I can use the tram and walk when visiting my mum, popping to the coffee shop and doing a small shop. I also pledge to look for the Big Shop supermarket delivery slots that have the van in my area. This will save extra vans coming round, just because it is a more 'convenient' delivery time. Cutting the vans on the road." Mrs Cooper. 1 heart, 0 comments.
- Anonymous 3d:** "Walk to work" "I pledge to make the 15 minute walk to work every day for the next 2 weeks-and continue to do this where possible." Mrs Ross. 3 hearts, 0 comments.
- Anonymous 3d:** "Making a Change!" "I will walk to my local coffee shop (3 miles away) at the weekend with my family instead of going in the car." Mrs Troop. 3 hearts, 0 comments.
- Hayley Rippon 3d:** "Making a change!" "As often as I can I will cycle to school this fortnight. I will also walk rather than drive to any shops at the weekend." Hayley Rippon. 3 hearts, 0 comments.
- Anonymous 2d:** "Making a change!" "I will cycle to school at least twice each week for the remainder of this school year. During the Big Walk and Wheel, on days when I can't do that, I will park short of school and walk in from there. From now on, I will not be taking my car into town when I go shopping. I will take the bus instead. I am also going to stop driving when I go to Forest. I'll get the bus and walk or I'll cycle." Mr Hillier. 1 heart, 0 comments.
- Anonymous 3d:** "Making a change!" "I will walk to the supermarket this week and next week instead of taking my car." Madame Burge. 2 hearts, 0 comments.

We need to make fewer car journeys. Together we can improve the air quality in our community, improving our health and making changes that benefit our planet.