

At Parkdale, PE plays an integral role in our curriculum. We believe every child should develop physical competence and confidence, and aim to inspire the enjoyment of physical activity and a passion for sport.. Through exercise we aim to promote physical fitness and a healthy lifestyle. We aim to give every child the opportunity to compete in a sport. We hope the enjoyment of exercise and the acquisition of skills will enable the children to continue physical activities into secondary education and adulthood.



The PE curriculum

Our curriculum has evolved to include a wider variety of sports, in order to promote inclusion and diversify the skills acquired. We focus on these sports in detail to enable children to access competitive game play. In each sport we follow a progressive curriculum, beginning in Early Years, to ensure children develop a solid basis of skills and knowledge in each sport. In each term we focus upon two core sports. Additionally a third sport, focusing upon flexibility, fitness and coordination will be interwoven through each term. We have recently undertaken a review of Swimming and will launch a new scheme this year.

Enrichment

Every child should experience sport as an enriching pastime, outside of PE lessons. The opportunity to build social skills, resilience, creativity and confidence will be nurtured across the whole school within a wider commitment to being a physically active, competitive school.

Our commitment to quality

We are committed to regularly reviewing the effectiveness and impact of our PE provision. The standards and values of these reviews will be

- 1. Inclusivity
- 2. Opportunities to develop and progress
- 3. Pupil enjoyment
- 4. Staff confidence and knowledge We use an external Kitemark standard to ensure quality of provision.

Inclusivity in PE; supporting all children to overcome barriers to learning. Consideration given to:

Space

Time

Task

Equipment

Games

Tag Rugby Netball Circuit training and fitness Table Tennis Tennis Dance Cricket Athletics Gymnastics

Including:
Sports days,
Termly house tournaments
After school clubs,
Trips to Trent Bridge, Queens, Ice
Arena,
Football teams
Sheriffs Challenge
Sports visitors,
Cycling days,
Show Racism the Red Card
events,
Inter school tournaments

Evaluation of IMPACT

Lesson Observations
Pupil voice
Instant feedback
Sports Leader demonstrations
Assessment Spreadsheet tracker
School Sports Kitemark
Annual PE provision review

Focus for 2023-2024

- I. Continue to refine new sport progression and embed core skills and knowledge
- 2. To ensure "third sport" is taught effectively to promote body control and agility.
- 3. To research and implement improved swimming provision,
- 4. To hold termly inter House tournaments in KS2, and termly sport events in KSI
- 5. Aspiration to implement grass track cycling

Focus for 2023-2024

Continue to refine new sport progression and embed core skills and knowledge

Autumn

Review skills progression documents for each sport, starting with Autumn sports. Ensure satisfactory equipment is in place for each sport. Meet with staff regularly to get feedback on plans. Hive PE provision to be implemented

Spring

Review new DfE guidance

Conduct review of Autumn Organise a whole school sports and adjust plans dance project to celebrate accordingly.

Summer

Pupil voice survey to ensure Look at external gym clubs inclusion, opportunity to develop and progress, enjoyment, staff confidence.

Focus for 2023-2024

2. To ensure "third sport" is taught effectively to promote body control and agility

Autumn

Review skills progression documents for each sport, starting with Autumn sports.

Ensure satisfactory equipment is in place for each sport.

Meet with staff regularly to get feedback on plans.

Spring

success.

Summer

Focus for 2023-2024

3. To research and implement improved swimming provision

Autumn

Review Swim England new standards document. Arrange plug and tap Communicate with parents Look into swimming trips

Spring

Elite Pools to Schools in review immediately and arrange bookings for following year.

Summer

Elite Pools to Schools inreview progress

Focus for 2023-2024

4. To hold termly inter House tournaments in KS2, and termly sport events KSI

Autumn

Nominate Sports Leaders End of HI ask KS2 children to vote for which sports they want to play. KSI arrange a circuit training competition for houses.

Hold events Contact PE support team at Transform for calendar

Spring

Sports leaders to support organising Spring tournaments

Summer

Cricket tournaments (athletics to be Sports day events)

Focus for 2023-2024 Ongoing

5. Aspirations - to implement grass track cycling Special focus days -Karate, Cycling, etc To put together a calendar of whole school PE trips and enrichment Reengage with GPSSA

Focus for 2023-2024

School Games Mark