

## 2021-2022 P.E Review

In Y1, PE has focused on outdoor games this year with a focus on throwing and catching, attacking and defending, striking and fielding and athletics. The children are developing their balance, agility and co-ordination in order to apply this in a range of activities. Also, they have worked on improving their ability to master basic movements, participate in team games and develop tactics.

In PE this year, we have focused on key transferable skills of throwing and catching, sending and receiving, attacking and defending and striking and fielding. The children have used a variety of equipment to be able to see how they can transfer these skills into sports such as cricket, hockey, tennis, basketball and athletics. They have worked through each unit to build their skills up to simple game situations. We have been lucky to have several external providers in to teach tennis skills which the children thoroughly enjoyed.

In Reception, we develop our physical strength, confidence and coordination through a variety of planned and spontaneous sessions. In our PE lessons we have played ball games, building individual skills and team games. We enjoy running around the field and playground, building our endurance. We have learned about the importance of warming up and cooling down and can talk about the effect exercise has on our bodies. We love to dance daily and have incorporated physical activity into our daily routine. Our fine motor skills have been developed in our continuous provision, and in our regular dough, sewing and small focused activities.

Year Four have refined their skills in: hockey, tag- rugby, netball, swimming and tennis. We are extremely proud to say the children have developed their teamwork and sportsmanship skills throughout the year. The children have enjoyed house tournaments too.

In Year 3, our P.E this year has included tag rugby, hockey, netball, tennis, OAA, athletics and crickets. We have focussed on key transferable skills - catching and throwing, defending, striking and fielding as well as tactics and strategy. Pupils also spend some of their day taking part in yoga sessions, breathing exercises, fun fitness videos and complete our contribution

to the Sherrif's Challenge when possible.

During the year, Y6 pupils have undertaken a wide range of sports. They have learnt a range of skills, tactics and rules, in order to play tennis and netball. In addition to these sports, your child has also taken part in a variety of fitness-based activities, such as circuit training and fitness workouts. Pupils have also taken part in a number of yoga and dance lessons which they thoroughly enjoyed.

In Y5, our PE this year has included Tag Rugby, Fitness and Tennis. Children have improved their attacking and defending skills as well as developing teamwork and understanding of tactics. They have undertaken simple fitness challenges during their home-learning too.

## 2020-2021

WWW	EBI
-PE has been taught over the year even	-Staff to ensure 2 hours is taught a week.
through COVID.	-Staff CPD
-A range of sports have been covered.	-Children are aware of historic sporting
-Outside providers have been into school	figures that they can relate too.
(Tennis/Cricket)	
-Year 4 Move and Learn programme	
-Wheelchair athlete visitor	

## 2021-2022

WWW	EBI
-2 hours of PE have been taught a week	-All staff to regularly complete PE assessment
-A range of sports have been taught across	grids at the end of each half term
school with clear progression.	-Children exposed to more 'out there' sports

-Cricket sessions for Y5 and Y3 (6weeks) including CPD for staff - Chance to Shine
-Tennis sessions for Y2 (4 weeks) including CPD for staff - LTA coaching programme
-Year 4 Move and Learn programme - Notts
County
-Professional Tennis player (Yasmin Clarke) visited school and delivered sessions to Y1 and Y2
-More intra school house tournaments have been played at the end of each half term
-Y3/4 and Y5/6 have been entered and competed in lots of tournaments
-Y5/6 SHA team reached the district finals

