

Welcome to the B2022 Commonwealth Games

The 2022 Commonwealth Games will take place in Birmingham. The event will run from the 28th July to the 8th August and see over 5000 athletes from 71 different teams, participate in more than 250 events across 19 different sports.



The countdown begins



A celebration of greatness

A Catalyst for Positive Change

The **Commonwealth Games**, often referred to as the *Friendly Games*, is an international multi-sport event involving athletes from the Commonwealth of Nations.

The event was first held in 1930, and, with the exception of 1942 and 1946, has taken place every four years since.

Underpinned by the core values of humanity, equality and destiny, the Games aim to unit the Commonwealth family through a glorious festival of sport.

The Games are known for leading the way.

Athletes with a disability are included as full members of their national teams, making the Commonwealth Games the first fully inclusive international multi-sport event.

In 2018, the Games became the first global multi-sport event to feature an equal number of men's and women's medal events.

This year B2022, will be the first Commonwealth Games to embed and measure **Social Value**. The Birmingham 2022 Commonwealth Games will bring people together, improve health and wellbeing, act as a catalyst for change, help the region to grow and put us firmly on the map. B2022 will go down in history for being a [sustainable games](#), so make time to stop and enjoy the show. Because in years to come, you might want to look back and say... I remember when... I was a part of that.

Journey to the Games - Queen's Baton Relay


Birmingham 2022 is staging the 16th Queen's Baton Relay – an epic journey across the Commonwealth, with The Queen's Baton visiting all 72 nations and territories.

The Relay began on 7th October 2021, with Her Majesty The Queen placing her Message to the Commonwealth into the Baton. The Baton is now on its 294-day journey to every corner of the Commonwealth.

This collective journey will ignite hope, solidarity and collaboration, as it connects communities embraces unique cultures and shares international stories.

Notts SGO Friendly Games

School Games Organisers love to get people active, we also like a friendly competition!

Which is why we have teamed up with  to see if schools in our areas can work together to collectively walk, jog or run the 90,000 miles that the Queens Baton with travel on its journey to Birmingham.

Gedling is currently sat in last place in the Notts SGO Queen's Baton Relay District Challenge and only has 3 schools playing in the Primary School v School Challenge.

Time is running out and since its not the winning but the taking part that's important, I want to encourage participation by inviting families to get involved.

Notts SGO Queen's Baton Relay District Challenge

Join Team Gedling and Journey to the Games



Families need to download the 'MyChallenge App' to record their activity and find out how Gedling is doing against the other Districts taking part.

How to get involved:

Just get out and walk, jog, or run and record your distance using a fitbit, smartphone app, smart watch etc or follow a course / route you know the distance of.

Keep track of your distances and record your progress using the MyChallenge app.

Download the App:

Get the App! Download and use the Free MyChallenge App for iOS or Android to record laps on your phone or tablet. The MyChallenge App is available to download from:

- The App Store
- Google Play
- Web App – <http://www.character-uk.org/mychallenge/webapp/>

Log in:

1. From the **MyChallenge App** home page click the '**Key**' at the bottom of the page and enter the following:

Username: (case sensitive) = **gedling**

Password: (case sensitive, NO spaces) = **gedling2022**

2. Select the Live 'Notts SGO Queen's Baton Relay District Challenge'

Recording your Progress:

Record the distance you have covered in metres, it will automatically convert them into miles for you. You can add sessions as you go or at a later using the 'Enter a previous session' button.

Check Gedling's Progress:

The information screen lets you know how Gedling's team is doing.

Milestones earn stars – we need to collect as many as we can!

The leader board ranks us along side the other districts taking part – it would be nice to finish with a top 5 ranking

To check Gedling's progress, click on the option to 'View the leader board', search for Gedling or click the 'star' menu at the bottom to find out:

- a) How many miles have been completed
- b) Average miles per team member
- c) Gedlings overall ranking
- d) Gedlings 'Star Rating' – 1 star is earned for every 5 miles completed (based on an average per team member).

The challenge ends when the baton reaches Birmingham so get playing.