

KS2 – TENNIS

National curriculum aims: Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. Pupils should be taught to: • use running, jumping, throwing and catching in isolation and in combination; • play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and **tennis**], and apply basic principles suitable for attacking and defending; • develop flexibility, strength, technique, control and balance • compare their performances with previous ones and demonstrate improvement to achieve their personal best.



Year 3

To roll and throw a ball accurately.
To know how to hold the racket correctly.
To develop ball control when using a racket eg bouncing the ball up and down
To know how to hit a ball using elements of a forehand technique
To know how to hit a ball using elements of a backhand technique
To be practise overarm and underarm throwing (to build up to a serve)

Year 5

To understand and practice some of the fundamental skills of tennis
To use effective footwork, movement and positioning in a game of tennis
To be able to play a backhand stroke with control and accuracy.
To hit a ball with accuracy using the forehand technique.
To be able to perform an overhead tennis serve
To develop their volley technique
To apply all learnt skills in a variety of tennis matches

Year 4

To develop hitting and returning the ball using a forehand
To develop the backhand and understand when to use it
To refine the aim of a shot over the net
To work co-operatively with a partner to keep a continuous rally going
To know the rules of tennis
To use simple tactics in a mini tennis match

Year 6

To be able to control the ball with both sides of their racket
To confidently know a range of tennis shots
To master forehand, backhand, serve and volley
To understand the rules and scoring in a match situation
Compare their performances with previous ones and demonstrate improvement to achieve their personal best.