

KS2 – BASKETBALL



National curriculum aims: National curriculum aims: KS2 National Curriculum Aims: Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination;
- play competitive games, modified where appropriate [for example, badminton, **basketball**, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending;
- develop flexibility, strength, technique, control and balance
- compare their performances with previous ones and demonstrate improvement to achieve their personal best

Year 3

- To be able to understand a selection of passes eg chest and bounce
- Introduce basic dribbling skills accurately with control eg cross over dribbling
- Be able to change direction whilst dribbling
- Introduce shooting
- Gain an understanding of the basic rules and what illegal dribbling is
- Use attacking and defending skills appropriately in a mini game situation
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Year 4

Year 5

- Recap and refine passing and dribbling skills to create attacking opportunities
- Learn different ways to shot (two handed set shot – from stationary position, lay up shot – whilst on the move)
- Build on their understanding of rules and scoring
- Develop marking
- Combine and perform skills with control in a game situation
- To understand and apply a range of tactics and strategies for attacking and defending as a team

Year 6

