



# Parent Consultation

Relationship Health Education

Policy and Resources

# Objectives

We want to:

- Explain the changes to requirements for RHE these came in from September 2020 (taught by Summer 2021)
- Share what our RHE curriculum will cover
- Share the resources that will support our curriculum
- Gain your views, opinions and suggestions
- Explain how we'll develop our updated curriculum

# The Legalities



Department  
for Education

- We are bound by changes to the law, explained fully here:
- <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>
- The key document is this one. A read of the summary is recommended:
- [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/908013/Relationships\\_Education\\_Relationships\\_and\\_Sex\\_Education\\_RSE\\_and\\_Health\\_Education.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/908013/Relationships_Education_Relationships_and_Sex_Education_RSE_and_Health_Education.pdf)

This is statutory guidance from the Department for Education issued under Section 80A of the Education Act 2002 and section 403 of the Education Act 1996

# What are the new RSE requirements?

We **must** provide the following to all pupils:

- Relationships education
- Health education

➤ **We aren't required to provide sex education during the Primary Phase, but we will continue to offer it at Year 6 to children whose parents prefer us to.**



## A CHARTER FOR INCLUSIVE RELATIONSHIPS, SEX AND HEALTH EDUCATION (RSHE)

At Parkdale Primary we commit to providing an inclusive Relationships, Sex and Health Education (RSHE), which will enable all pupils to flourish.

### As a Transform school we commit to:



Working in partnership and building positive relationships with parents and carers

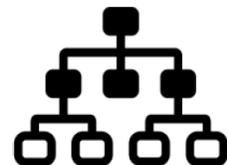
Annual consultation with parents and carers in the development and delivery of the RSHE curriculum

Working in partnership and gaining the views of identified community organisations



Delivering a high quality, age appropriate RSHE curriculum

Creating an RSHE curriculum that focusses on giving the pupils the knowledge they need to make informed decisions about their wellbeing, health and relationships



Creating and sharing a RSHE curriculum framework and provide clarity on how it is organised and delivered

Creating an RSHE curriculum based on accurate information, including about the law and legal rights

# RHE National Curriculum objectives

## By the end of Primary school pupils will know about:

- **Families and people who care for me**
- **Caring Friendships**
- **Respectful relationships**
- **Online Relationships**
- **Being Safe**
- **Mental Wellbeing**
- **Internet Safety and Harm**
- **Physical Health and Fitness**
- **Healthy Eating**
- **Health and Prevention**
- **Basic First Aid**

# RHE National Curriculum objectives

## By the end of Primary school pupils will know about:

**Towards the end of your child's primary education (Years 5-6)  
they will cover the following at an age appropriate level**

### **> Drugs, alcohol and tobacco**

*recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function*

### Science

### **> Changing Adolescent body**

### **> life process of reproduction**

- *describe the life process of reproduction in some plants and animals /describe the changes as humans develop to old age*
- *recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents*

# Local Collaboration – Policy Development

What we have done so far:

- Worked with other schools in our cluster group
- Consulted with Local cultural, religious groups and local education partners
- Consulted with the governors
- Consulted with our staff

# Policy

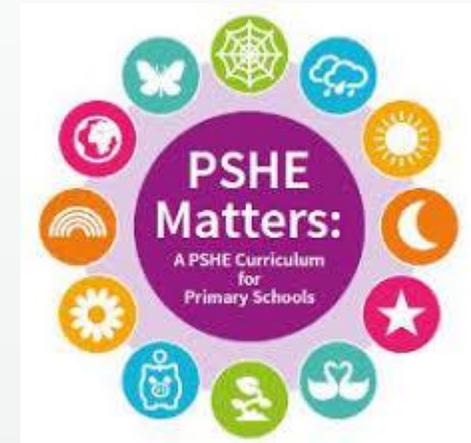
Policy II

## Development of the Policy

- This policy has been developed by working in Partnership with schools in Nottingham and Derby. A core focus of this partnership was seeking and gaining the views of local religious and community groups, ensuring representation of the protected characteristics of the Equality Act 2010.
- This Policy was shared with Parents representatives last academic year and changes were made based on comments made

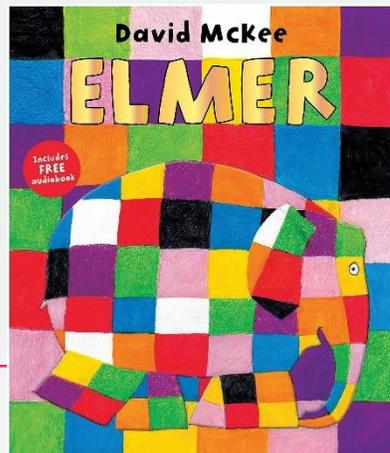
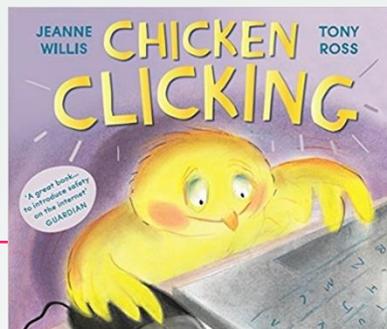
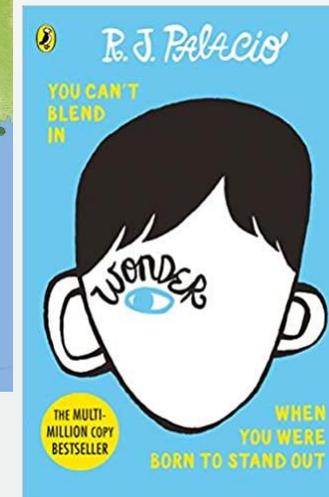
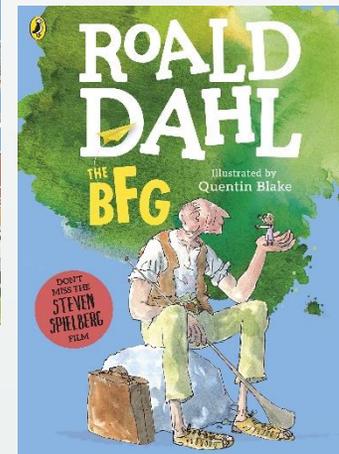
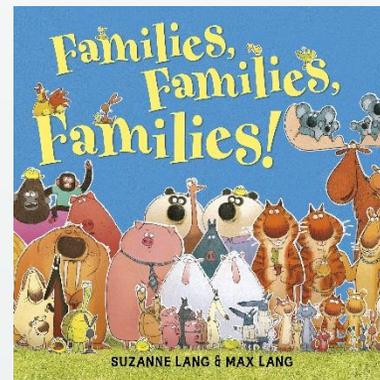
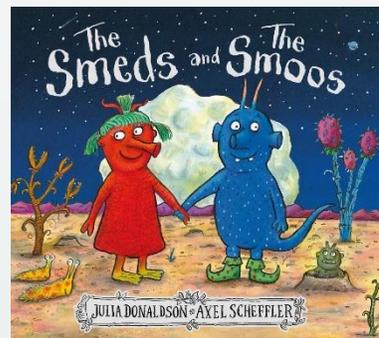
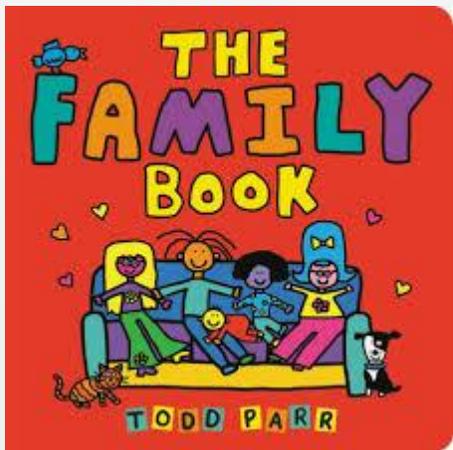
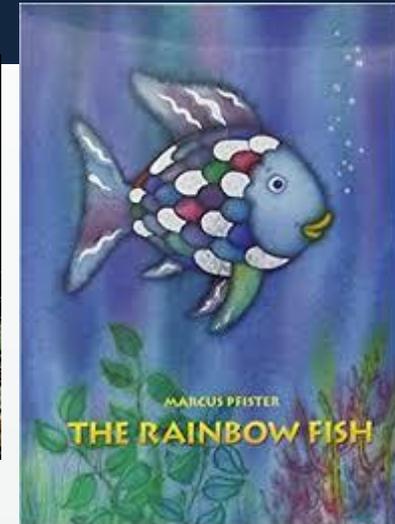
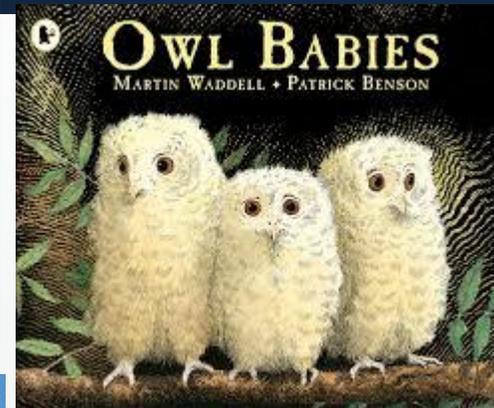
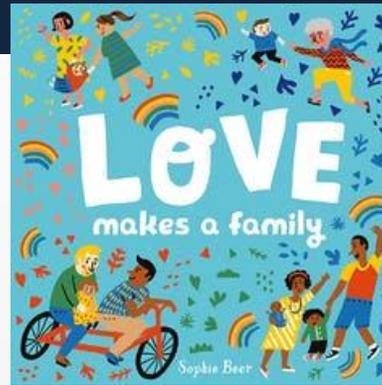
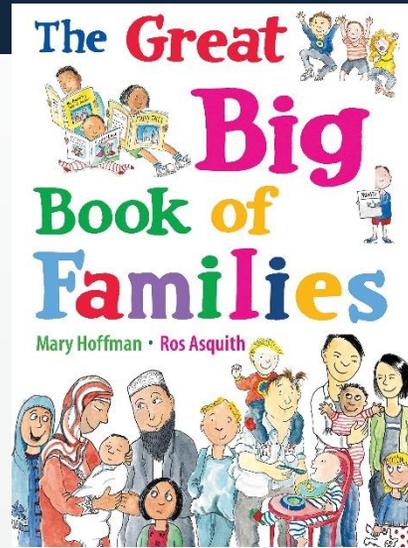
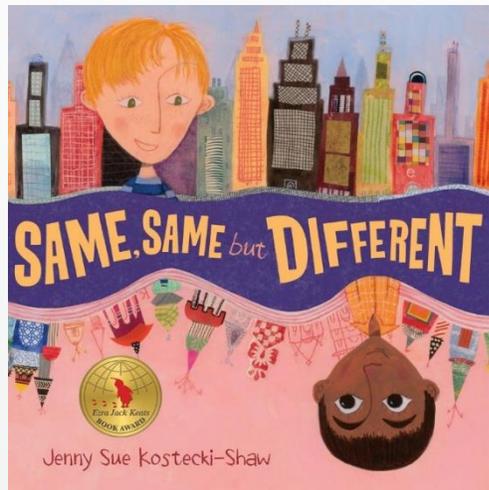
# RHE Curriculum

- The Statutory Content for Relationships and Health Education will be taught within our PSHE curriculum.
- At Parkdale, we currently use a range of resources, but will be phasing in a programme called 'PSHE Matters' to support our teaching.
- The Themes and Topics we are arranged into each half term



Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PSHE Matters Theme (includes statutory content for RHE)	Exploring Emotions Relationships	Bullying Matters Being Safe	Being Me Being Responsible	Difference & Diversity Money Matters	Being Healthy Drug Education	Growing Up Changes

# Content and Resources – Our curriculum will be supported by a range of books



# Content and Resources – Our curriculum will be supported by a range of websites

The screenshot shows the BBC Bitesize website interface. At the top, there is a navigation bar with the BBC logo, a search bar, and links for Sign in, CBBC, CBBC iPlayer, Newsround, Bitesize, Own It, and More. Below this is a red header with the word "Bitesize" and a "Change language" dropdown. A secondary navigation bar includes Home, Learn, Support, Careers, My Bitesize, and All Bitesize. The main content area features a section for "KS1 PSHE and Citizenship", which is part of the "Learn & revise" program. An illustration of hands holding a globe is visible on the right side of the section.

The screenshot shows the Anti-Bullying Alliance website. The top navigation bar includes the Anti-Bullying Alliance logo, a search icon, and buttons for Shop, Donate, and Join us. Below the navigation bar are four main menu items: ABA & Our Work, Tools & Information, Anti-Bullying Week, and Get Involved. The main banner features a photograph of four diverse children smiling, with the text "Anti-Bullying Alliance united against bullying" overlaid on the image.

The logo for Project Evolve Beta. The word "PROJECT" is in a smaller font above "EVOLVE". The letter "O" in "EVOLVE" is a colorful circle composed of segments in red, orange, yellow, green, and blue. To the right of "EVOLVE" is a blue rectangular button with the word "BETA" in white capital letters.

The logo for the National Society for the Prevention of Cruelty to Children (NSPCC), featuring the letters "NSPCC" in a bold, green, sans-serif font.

The logo for GoNoodle, featuring the word "GoNoodle" in a grey, rounded, sans-serif font on a black rectangular background.

A graphic titled "What are the PANTS rules?". The word "PANTS" is written in large, colorful letters, where each letter is shaped like a pair of pants. The letters are: P (pink), A (purple), N (blue), T (orange), and S (green). Small stars are scattered around the letters.

The logo for Think U Know, featuring the words "THINK U KNOW" in a bold, black, sans-serif font. The "U" is partially obscured by a white rectangular shape. Below the text is the website address ".co.uk" and a graphic of a stack of papers or books.

# Content and Resources

## Appendix 3 Derby Inner City Cluster Relationships and Health Education Statutory Content, suggested and shared Resources

### Families

Statutory Content	
<ul style="list-style-type: none"> <li>That families are important for children growing up because they can give love, security and stability</li> <li>The characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives</li> <li>That others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care</li> <li>That stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up</li> <li>That marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong</li> <li>How to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed</li> </ul>	<p><b>EYFS (Not Statutory)</b>            My Mum/ My Dad – Anthony Browne            Owl Babies – Martin Waddell            Monkey Puzzle – Julia Donaldson            Peace at last – Jill Murphy            Stick Man – Julia Donaldson            Children to share photos of their family members</p>
	<p><b>Key Stage One (Y1&amp;2)</b>  <a href="#">Family Book – Todd Parr</a>  <a href="#">Same, Same but different by Jenny Sue Kosteck-Shaw</a>            Guess How Much I Love You by Sam McBratney  <a href="#">The great big book of families by Mark Hoffman and Ros Asquith</a>  <a href="#">One family by George Shannon</a>  <a href="#">The smeds and the smogs by Julia Donaldson</a>  <a href="#">Families, families, families! By Suzanne Lang and Max Lang</a>            Create a family portrait  <a href="#">Growing up with Yasmin and Tom: Introducing Yasmin and Tom, Different families</a>  <a href="#">Cambridgeshire Primary Personal Development Scheme</a></p>
	<p><b>Lower Key Stage 2 (Y3&amp;4)</b>  <a href="#">Family Poster</a> by Elise Gravel            Create a family tree Activity            Gorilla by Anthony Browne  <a href="#">Growing up with Yasmin and Tom: Gender stereotypes/Celebrating differences</a></p>
	<p><b>Upper Key Stage 2 (Y5&amp;6)</b>  <a href="#">Family Poster</a> by Elise Gravel            A range of images of diverse adult couples (<a href="#">Google Search</a>)            Explore reasons why people get married  <a href="#">Growing up with Yasmin and Tom: Gender stereotypes/ Discrimination and Equal Opportunities</a></p>

- As part of the policy there is a list of resources the school to ensure we cover the statutory content
- This is broken up by each of the key areas and by phase of education
- We have also included Early Years so you can see resources that will be used

# Parent Consultation – March 2021

## **Phase One:**

*Share policy and resources and gain parent's comments*

**Start date:** Friday 26<sup>th</sup> March 2021

**Closing date:** Friday 23<sup>rd</sup> April 2021

Resources will be shared and be available on our website

# Parent Consultation – March-April 2021

## Phase Two:

*You are invited to comment online at:*

<https://www.surveymonkey.co.uk/r/PPXWVMC>



# What happens then?

We're also getting feedback from:

- > Staff
- > Governors

Once we've considered all the feedback, we'll amend our RHE policy, which will set out our proposed curriculum and re-share it with you.

The updated policy and resources will be taken to the Governing Body for approval.

**We look forward to hearing your views...**

**Thank you**