

PE - Intent, Implementation and Impact



PARKDALE PRIMARY SCHOOL

Learning to Love . Loving to Learn

Intent

Physical Education plays an integral role within the balanced curriculum offered at Parkdale and it develops pupils' physical competence and confidence. We aim to deliver high quality teaching and learning opportunities that inspire all children to succeed in PE and in developing life skills. We want to teach children skills to keep them safe such as being able to swim. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values. When children participate in competitive sport, we teach them to transfer their 'Parkdale Attitude' to the sporting activity, ensuring they do their best and display good sportsmanship. Our curriculum aims to improve wellbeing and fitness of all children, not only through sporting skills taught but through the underpinning values and disciplines PE promotes. Through exercise, we aim to promote physical fitness and a healthy lifestyle. We hope the enjoyment of exercise and the acquisition of skills will enable the children to continue physical activities into adulthood.

Implementation

-PE at Parkdale provides challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventure. KS1 focus on transferable skills.

-The PE overview sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.

-Children participate in two hours of PE each week, covering two sporting disciplines/skills every half term.

-We provide children with opportunities to participate in extra-curricular activities that are inclusive, enjoyable and increase children's physical activity.

-Children attend competitive sporting events against local schools. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by the children. We also participate in sports festivals such as KS1 and KS2 Transform Multi Sports festival.

-Each half term all children use the skills they have learnt to take part in a house tournament.

-Each year a small group of Year 6 children are invited to become Sports Leaders for the school. They develop into sporting role models for the younger children, assisting with lunch-time clubs, our annual Sports day and any other Sporting activities.

-Children participate in workshops covering a variety of sports throughout the year. For example Cricket, Tennis, Goalball, Tchoukball, again providing the children with an opportunity to develop, improve their fitness and to try something new.

-The importance of leading a healthy lifestyle is encouraged. Eg Year 4 Move and Learn programme hosted by Notts County.

-Children in Year 4 swim weekly, alternating between classes. Children in Year 5 that are still unable to swim join the Year 4 children.

-Physical activity is embedded throughout the school day through initiatives such as "Sheriff's Challenge", Go Noodle, Joe Wicks and Yoga

-Active travel is encouraged, and we take part in the annual events such as Walk to School Week.

-Children are encouraged to stay active at break times and can access a variety of equipment to use. (climbing wall, outdoor gym, football goalposts, table tennis tables)

Impact

We help to motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, children learn to take responsibility for their own health and fitness, many whom also enjoy the success of competitive sports. We ensure that our PE curriculum is progressive and allows children to develop fundamental skills and apply them to a variety of sports and activities. We hope children enjoy PE and develop a love of sport, and physical activity, that they pursue outside of school and in future life outside of primary school. We share sporting achievements both in and out of school in Star Assembly, so that we are promoting sports and activities, as well as celebrating all levels of success.