

Wellbeing Book Project: Don't Worry, Be Happy.

Part One

Activity Three: How Does Fizz Feel?



Fiz's friends are running away – they say they don't want to play with Fiz today. Write down how you think Fiz feels.

---

---

---

---

---

---



Why not show this using freeze frames! Or challenge yourself to use your oracy skills and act it out in groups. Think about tapping into your own experiences to help influence your outcome.