

# PE



## Intent:

PE plays an integral role within the balanced curriculum offered at Parkdale and it develops pupils' physical competence and confidence. Through exercise we aim to promote physical fitness and a healthy lifestyle. We hope the enjoyment of exercise and the acquisition of skills will enable the children to continue physical activities into adulthood.

## The Curriculum in PE:

- KS2 - Tag Rugby, Hockey, Netball, Tennis, Cricket and Athletics. PPA - Ultimate Frisbee, Badminton, OAA, Handball, Circuits, Rounders, Dance and Gymnastics.
- KS1 - focus on transferable key skills such as throwing and catching, sending and receiving, attacking and defending and striking and fielding. Lots of opportunities offered in order to extend their agility, balance and coordination, individually and with others.
- Year 4 learn to use different strokes and the importance of water safety during their Swimming lessons.
- During PE lessons, the importance health and fitness will be incorporated.



## Focus Actions for 21/22

1. Children exposed to more 'out there' sports not just eg rugby, football etc
2. To achieve another year of Gold Kitemark
3. To give children inter and intra opportunities

What approaches to Teaching and Learning do we use?	What enrichment opportunities do we provide?
<ul style="list-style-type: none"> <li>• Transferable skills learnt in KS1</li> <li>• These skills are then used in KS2 sporting games</li> <li>• Joe Wicks videos to enhance fitness</li> <li>• Deliver high quality lessons</li> <li>• Review previous learning – either previous year group or previous lesson</li> <li>• Personal challenges eg fitness tests</li> </ul>	<ul style="list-style-type: none"> <li>• Sheriff's Challenge</li> <li>• Tournaments (inter and intra)</li> <li>• Trips eg visiting Trent Bridge Cricket ground, Ice Skating at the Arena</li> <li>• Promoting equality in sport – Show Racism the Red Card event at Notts County</li> <li>• Move and Learn Programme</li> <li>• Sports visitors</li> <li>• After school clubs</li> <li>• Sports Day and Potted Sports</li> </ul>

## Key Resources in school:

- Hall
- Field
- Playground
- Outdoor Gym
- Suitable equipment for the sport taught

## How do we evaluate the **impact** of Teaching and Learning?

- Lesson observations
- Pupil voice
- Instant feedback
- Children to model a particular skill learnt
- Assessment spreadsheet tracker