

PE overview – 2 hours of PE should be taught a week. 1 hour in PPA and 1 hour in a PE lesson. Please communicate with whoever is covering your PPA to make sure the children are being taught 2 different sports.

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|-------------------------|------------------------------------|--|---------------------------|---|--|--|
| Reception | Fundamental skills | Fundamental skills | Fundamental skills | Fundamental skills | Fundamental skills | Fundamental skills |
| Year 1 | Throwing and Catching Dance | Attacking and Defending Gymnastics Please | Net and Wall Dance | Send and receiving Gymnastics | Cricket Athletics | Striking and fielding Athletics |
| Year 2 | Throwing and Catching Dance | Attacking and Defending Gymnastics | Net and Wall Dance | Send and receiving Gymnastics | Striking and fielding Athletics | Cricket Athletics |
| Year 3 *Swimming | Netball Fitness/Circuits | Tag Rugby OAA | Hockey Basketball | Table Tennis Handball | Tennis Rounders | Cricket Athletics |
| Year 4 *Swimming | Netball Dance | Tag Rugby Floor Gymnastics | Hockey Dance | Table Tennis Rhythmic Gymnastics | Tennis Rounders | Cricket Athletics |
| Year 5 | Netball Fitness/Circuits | Tag Rugby OAA | Hockey Basketball | Table Tennis Handball | Tennis Rounders | Cricket Athletics |
| Year 6 | Netball Dance | Tag Rugby Floor Gymnastics | Hockey Dance | Table Tennis Rhythmic Gymnastics | Tennis Rounders | Cricket Athletics |