

KS2 – OAA

KS2 National Curriculum Aims: Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. Pupils should be taught to:

- take part in outdoor and adventurous activity challenges both individually and within a team;
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.



Year 3

- Orientate themselves with increasing confidence and accuracy around a short trail.
- Identify and use effective communication to begin to work as a team.
- Identify symbols used on a key.
- Understand and use a compass to navigate
- Sketch maps of simple outside areas and use the correct symbols to represent features.

Year 5

- Start to orientate themselves with increasing confidence and accuracy around an orienteering course.
- Design an orienteering course that can be followed and offers some challenge to others.
- Begin to use navigation equipment to orientate around a trail.
- Complete orienteering activities both as part of a team and independently.
- Identify a key on a map and begin to use the information in activities.
- Identify the quickest route to accurately navigate an orienteering course

Year 4

- Orientate themselves with accuracy around a short trail.
- Start to recognise features of an orienteering course.
- Associate the meaning of a key in the context of the environment.
- Plan and organise a simple trail that others can follow with a physical challenge

Year 6

- Orientate themselves with confidence and accuracy around an orienteering course when under pressure.
- Design an orienteering course that is clear to follow and offers challenge to others.
- Use navigation equipment (maps, compasses) to improve the trail.
- Use a range of map styles and make an informed decision on the most effective.
- Manage an orienteering event for others to compete in.