

KS2 NETBALL

KS2 National Curriculum Aims: Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination;
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, **netball**, rounders and tennis], and apply basic principles suitable for attacking and defending;
- develop flexibility, strength, technique, control and balance
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.



Year 3

- Catch a netball with two hands with some confidence and success
- To be able to perform basic netball skills such as passing and catching using recognized throws (bounce, chest, shoulder)
- Be able to change direction and speed easily and avoiding collisions
- Demonstrate an awareness of how and where to send and receive the ball. Be aware of others running and chasing the ball.
- To aim and send a netball at a target accurately

Year 5

- To be able to confidently use specific netball skills in games for example: pivoting, dodging, bounce pass and previously learnt skills
- To increase power and strength of passes, moving the ball over longer distances
- To begin to play effectively in different positions on the pitch in both attack and defence
- Show an understanding of their performance and others and how to improve
- Develop awareness of opponents within the area of play

Year 4

- To develop netball skills such as marking and footwork
- To concentrate on control and accuracy when sending and receiving a netball
- Use correct technique to shoot at a goal with a defender marking the ball
- To introduce High Five netball positions
- To demonstrate and implement some basic rules of High Five Netball

Year 6

- To work as a team to improve group tactics and game play
- To play within the rules using blocking skills for shots and passes
- To develop defensive and attacking skills
- Recognise the correct time to intercept or tackle the opposition to gain possession of the ball
- Offer advice and feedback to improve performance of to themselves and others
- Successfully umpire and keep score in a High Five game